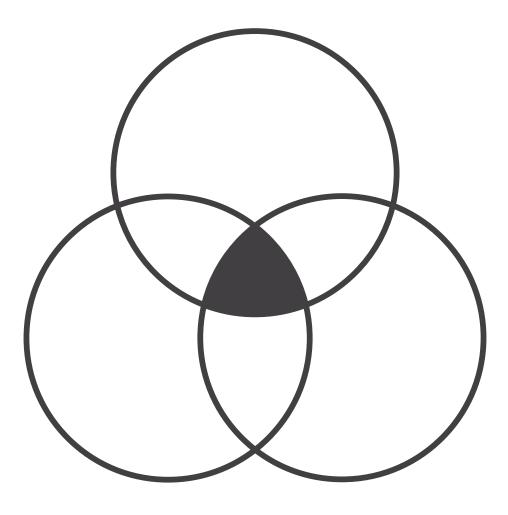
KINGDOM LIFE PLAN





INTIMACY • COMMUNITY • MISSION

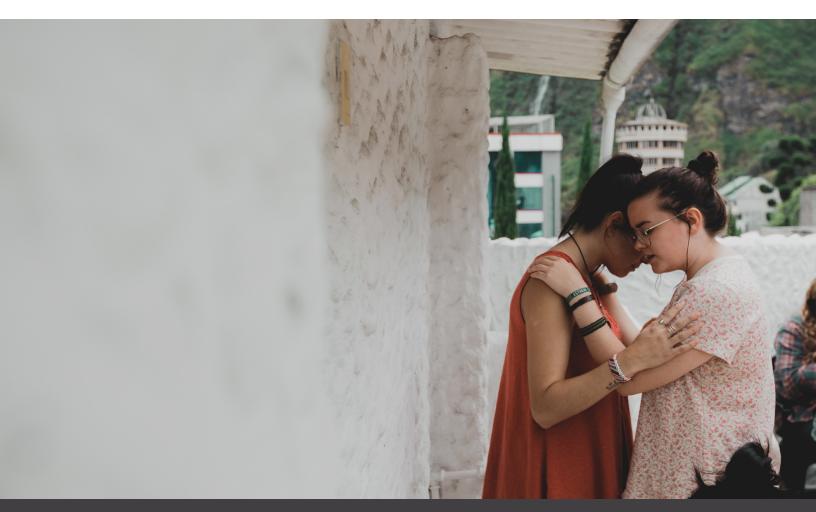
WHY CREATE A KINGDOM LIFE PLAN?

In your life, all things - your job, your finances, your education, your house, your clothes - are secondary concerns to your primary objective in life: **seeking first the King and His Kingdom.**

In one of the most important teachings of Jesus, the Sermon on the Mount, Jesus shares his views on how we should live our lives.

"Do not worry then, saying, 'What will we eat?' or 'What will we drink?' or 'What will we wear for clothing?' For the Gentiles eagerly seek all these things; for your heavenly Father knows that you need all these things. But seek first His kingdom and His righteousness, and all these things will be added to you."

Matthew 6:31-33

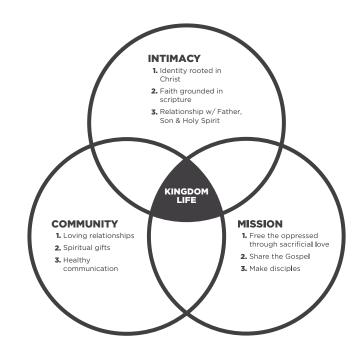


HOW TO USE THE KINGDOM LIFE PLAN

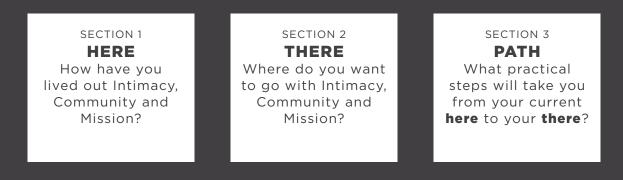
The Kingdom Life Plan will help you reflect on your transformation, identify your Kingdom calling, and prepare you for a Kingdom Way of Life. Each section is designed to take your selfawareness and self-activation to new levels.

This plan might take hours, or even days, to complete.

Do not rush through the plan, but prayerfully complete each section as you can. It takes time and energy to create deep self-awareness and self-activation.



THE KINGDOM LIFE PLAN IS MADE UP OF THREE SECTIONS.



THERE - HERE - PATH

You will use this tool to look at Intimacy, Community, and Mission and create goals to live out a Kingdom Way of Life.





'Here' is your starting place. Without an honest assessment of 'Here', you can never get to your 'There.' Finding your 'Here' requires truth and reality.

INTIMACY

Who is God to you now?

Who are you now?

What specific words has God spoken over your unique identity?

COMMUNITY

How has your community impacted your life?

What was your community like in the past? Are you satisfied with that now?

What aspects of community life have been the most beneficial to you? What aspects have you disliked?

MISSION

What has been your favorite ministry you've participated in and why?

What country, people group, or demographic do you most connect with and why?

What work or service do you feel most skilled or talented at doing?



When you live from a place of vision, you live with purpose, focused on a clear vision for what's next in your life. Values help you move toward your 'there' with integrity and intentionality.

INTIMACY

Who has God called you to be?

What specific words has he spoken over your identity (I am...)?

COMMUNITY

Which spiritual gifts have you used most often in your community?

Which aspects of your community have you experienced that you want to ensure are always a part of your life?

MISSION

What oppression tends to bother you the most, or are you most passionate about solving? *Circle up to 3.*

| Poverty | Human Trafficking | Lack of Gospel Access | Racism |
|---------------------|----------------------------|--------------------------|---------------------------|
| Homelessness | Mental Health | Lack of Education | Lack of Biblical Training |
| Orphans/Foster Care | Physical/Mental Disability | Lack of Spiritual Growth | American Church |
| Refugees | Gender Inequality | Sustainable Environment | Other |

What training, education, experience or spiritual gifts do you have that could help reverse the oppressions you listed above?

VISION STATEMENT

Discipleship is "waking people up to their identity and role in the Kingdom." As you have journeyed with the Lord, you have formed a better understanding of who God says you are and how He created you to partner with Him in living out a Kingdom way of life.

Your Vision Statement is formed by combining your identity, role, and values into a short, simple, specific, and stretching statement. It looks like this:

Because I am *IDENTITY*, I will *ROLE* through *VALUES*.

DEFINING YOUR VISION STATEMENT

Based on your discoveries, summarize your answers.

IDENTITY. Through intimacy with God, the identity He gave you becomes more clear. Define how you uniquely reflect God's image.

ROLE. As you serve others with your community, your role can come to light. Describe what makes you come alive, what you are passionate about and who you want to do it with.

VALUES. Values are the foundation for your Vision. They are key to aligning your actions with your Vision. Looking at the values below, choose and insert your five core values here.

| Love/Affection | Harmony | Equality | Empathy | Effectiveness |
|-------------------|-------------------|---------------------|------------|---------------|
| Honesty/Integrity | Freedom | Curiosity | Mercy | Grace |
| Wisdom | Security | Achievement/Success | Strength | Discipline |
| Truth | Quality | Intelligence | Challenge | Respect |
| Trust | Happiness | Friendship | Loyalty | Simplicity |
| Growth | Teamwork | Beauty | Норе | Decisiveness |
| Family | Independence | Risk-taking | Courage | Competition |
| Communication | Prosperity/Wealth | Service | Creativity | Autonomy |
| Health | Productivity | Diversity | Competence | Dependability |
| Open-mindedness | Flexibility | Spirituality/Faith | Innovation | Humor |

WRITE IT OUT

Fill in your vision statement using this model.

| MY VISION STATEMENT | |
|---------------------|---|
| | , |
| | • |



The Path is where life happens. It is the practical steps of the journey that get you from 'Here' to 'There.' To navigate the Path well, act, learn, and adjust, always focused on your 'There'.

INTIMACY

What daily and weekly practices will you incorporate in your life to maintain a connection with God? *(worship, Scripture reading, journaling, meditation, corporate or individual prayer, etc)*

How will you challenge yourself to slow down and continue to hear God's voice?

What obstacles to experiencing the love of God have you encountered in the past, and how can you plan to overcome these in the future?

COMMUNITY

What aspects of your community would you like to change?

Who are the people in your life you wish to remain in close contact with? How will you do that?

How do you know when you are depending too much on your community and not enough on the Lord?

MISSION

Describe your vision for how you can spread the good news and/or make disciples in this next season.

What will it look like to engage in the ministries you are passionate about?

Do you know of any organizations or communities that are passionate about the same mission as you are?

HOLISTIC HEALTH

In order to live out our Kingdom Vision, we need to create healthy rhythms not only in our spirit (intimacy, community, and mission) but also in our body and soul.

BODY

REST. What are healthy sleep and rest patterns for you? What are some ways you can clear your mind and breathe deeply?

MOVE. What kind of physical activities do you enjoy? How can you push and strengthen your body?

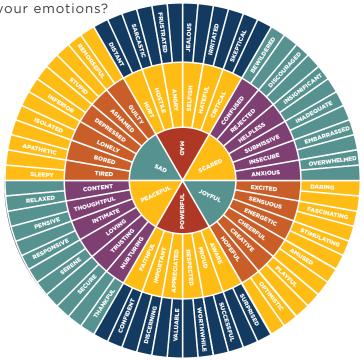
FOOD. How will you find balance in your diet? What do you need more or less of?

SOUL

MIND. How will you process your life and experiences? *(journaling, counseling, verbal processing, etc)*

WILLPOWER. How will you choose discipline over instant gratification? How will you pursue your heart's desires while partnering with the Lord?

EMOTION. How will you identify and embrace your emotions?



SMART GOALS

SMART Goals keep us motivated to make progress on our vision. By clearly defining the goals, we hold ourselves accountable to take action and move forward.

As you answer the questions below, create SMART goals.

Your goals should always be SMART:

Specific — Clear, picturable, free of jargon

Measurable —> You and others know when it is done

Attainable — Within your control or influence, practical, realistic.

Results-Oriented —> Serves your purposes and objectives, focused on results, not actions.

Time-Bound → Clear target date or deadline for completion.

| CREATE SMART GOALS FOR EACH CATEGORY |
|--------------------------------------|
| INTIMACY: |
| COMMUNITY: |
| MISSION: |
| BODY: |
| SOUL: |
| |

GO. MAKE A DIFFERENCE. LIVE ON MISSION.

God has uniquely prepared you for a Kingdom Way of Life, a life focused on seeking first the King and His Kingdom. By looking back, you're able to learn more about who you are and how God is using you.

God is using you to make a difference.

The world needs the Kingdom and you're prepared to bring it.

IT'S TIME.



KINGDOM LIFE

C O A C H E S